



DELIGHT




"Take delight in the Lord, and he will give you the desires of your heart." Psalm 37:4

*What simple tasks bring you great fulfillment?
One of mine is lists.*

We all have 24 hours a day with abundant "to-dos." A list is a great way to stay organized and map out what we need to accomplish, but sometimes the list takes priority over our loved ones.

What I am about to share with you doesn't replace your typical to-do list but it is a list to bring genuine delight to your home. I introduce to you, the Delight List. A list of prioritizing your loved ones over the never-ending tasks that we take on daily.





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Let's look at a biblical example: Mary and Martha.

"But Martha was distracted by all the preparations that had to be made. She came to him and asked, 'Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!' 'Martha, Martha,' the Lord answered, 'you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.'" Luke 10: 40-42

Martha was overly concerned about preparations, ensuring everything was perfect and ready. Still, her sister, Mary, stopped preparing and physically walked to the one who mattered most. Mary dropped everything and gave attention to someone over something. Jesus wasn't saying planning and scheduling are bad, but when our loved ones arrive – can we set aside the to-do list and take a moment to engage in the Delight List. Jesus tells us Mary has chosen what is best.

*Where is your position when loved ones walk through your door?
Will you stop folding laundry and physically go to the door and hug your spouse?
Will you leave dirty dishes in the sink and play with your child(ren)?
Will you choose a more basic meal or a less perfectly spotless house to create
delightful moments for your guests?*

We create unforgettable moments for our loved ones when we live out our Delight list over our To-Do list.

YOU MAY USE OUR DELIGHT LIST OR CREATE YOUR OWN. WE WOULD BE GLAD TO HEAR ABOUT YOUR DELIGHT LIST AND ITS IMPACT ON YOUR HOME! PLEASE GET IN TOUCH WITH US ANYTIME. DEEPLYROOTEDFAMILYMINISTRIES@GMAIL.COM



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DELIGHT LIST

- Tell your child(ren) you love them
- Hug or fist bump your child(ren)
- Pray for each one of your family members
- Write or draw something for your spouse and/or children to show appreciation
- Spend quality time with your family (phones away!)
- Let your child(ren) know you are proud of them
- Encourage someone
- Implement a kind gesture for someone you love
- Ask God to forgive your sins and thank Him for doing so
- Open God's Word
- Thank the Lord for your family, one by one
- Worship the Lord in song

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DELIGHT LIST



















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